



Build and Fortify Skills that Transcend Teams

This new product was created to harness the power of The Five Behaviors™ across the entire organization. **The Five Behaviors Personal Development** solution teaches individuals to become better teammates by integrating Patrick Lencioni's model at the organizational level. The goal is to completely redefine teamwork and collaboration.

Personal Development was designed specifically to work for individuals; **participants do not all need to be part of the same team**. Rather, participants can carry the takeaways of this program from one team to the next, enabling a culture of teamwork. Learners at all levels of an organization can benefit from this program and adopt its powerful principles, shape behaviors, and create a common language that empowers people to rewrite what it means to work together.

The Need for the Solution

Today's organizations are working beyond a single team. Advances in technology are disrupting the market, globalization is forcing a new approach of working, and the teams of the future have never seen this level of diversity. In essence, organizations need to equip their employees to quickly create cohesive teams that enable results. The idea was to create a model that harnesses the power of Patrick Lencioni's *The Five Dysfunctions of a Team* and adjust it to benefit the individual, who can then disperse the key takeaways throughout their organization.

What It Does

This is a tool to help individuals better understand, internalize, and apply the principles of The Five Behaviors model and to foster communication that can be used throughout an organization.

It's designed to be delivered in a classroom setting of up to 30 participants, regardless of how well they know one another.

The Five Behaviors™ Model

Below is a brief summary of the five behaviors.

- **Trust** One Another
When team members are genuinely transparent and honest with one another, it forms a safe environment that creates and builds vulnerability-based trust.
- Engage in **Conflict** Around Ideas
With trust, team members are able to engage in unfiltered, constructive debate of ideas.
- **Commit** to Decisions
When team members are able to offer opinions and debate ideas, they feel heard and respected, and will be more likely to commit to decisions.
- Hold One Another **Accountable**
Once everyone is committed to a clear plan of action, they will be more willing to hold one another accountable.
- Focus on Achieving Collective **Results**
The ultimate goal is the achievement of results, unlocked through implementing the model's principles of Trust, Conflict, Commitment, and Accountability.



A Productive, High-Functioning Team:

- Feels safe to ask for help and express their opinions
- Avoids wasting time and energy on politics, confusion, and destructive conflict
- Is committed to the end goal
- Holds one another accountable
- Has more fun—and delivers results!

Five Ways to Build Trust within Your Team



Transparency

Be candid and let your colleagues know what's going on behind the scenes (within reason), even when it's difficult.

Vulnerability

Get to know each other better as human beings, and although it might be uncomfortable at first, try to open up about where you're coming from or how you're feeling.

Sincerity

Make sure your actions align with your words, and your dedication to your team members is heartfelt—because they can tell when it isn't.

Authenticity

Always stay true to yourself and your values while still being conscientious of others' needs.

Empathy

Remember that we all make mistakes or have bad days, and strive to be understanding even when your instinct is to challenge or dismiss.



#MeetThe5Bs

